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EXPLORING DREAMSPACE THROUGH VIDEO ART WITH AT-RISK YOUTH

In this thesis, I have attempted to coin the term, Dreamspace®, as a representation of clients' interactions with the second layer of video green screen within the context of a perceived interactive experience with the unconscious Self, as defined by Jung (1979). The therapeutic video environment in this thesis research offers transformative healing powers to the client by way of allowing them to virtually relive internalized experiences or invent new ones. Four male participants, ranging from 16 to 19 years of age, completed videos in a group, using the green screen video process as a primary therapeutic tool to imagine themselves within a wrestling fantasy, revenge strategy, urban walkabout, and space drama. Participants using the invisible second layer green screen as a healing image may be understood within a Winnicottian (1971) play space that is transitional and phenomenological. This media arts therapy green screen work can serve as a lab for more video resources in public school settings, as well as a viable mental health medium in treatment facilities.

